



MENTAL ILLNESS
FELLOWSHIP
of Australia (NT) Inc



2019

Annual Report



Our Values

MIFA(NT)

Respect

To recognise the right of all stakeholders to be listened to and to be able to make informed choices.

Integrity

To provide services that are of the highest ethical standards and are non-coercive and non-exploitative regardless of age, gender, cultural background, social status, geographical location, sexual orientation, disability or region.

Commitment

To provide appropriate services in a timely and co-ordinated manner. We also acknowledge that our staff are our most essential resource and we are committed to value, respect, support and encourage them accordingly.



Our vision

A society where understanding and acceptance of mental illness is implicit and all those affected by mental illness are able to make a valued contribution.

Our mission

Our mission is to provide high quality recovery-based programs offering support, education, information, and respite to all people whose lives are affected by mental illness. Our goal is to reduce community restrictions experienced by all people affected by mental illness and improve their quality of life.

2019 Annual Report



Contents

Our Values, Vision and Mission	2
Management Committee	5
Presidents Report	6
Executive Officer's Report	7
Snapshot	8
Our Programs	
Program Manager's Report	11
Mi Place	12
Cool Program	14
Carer Support Darwin	16
Karama Cottage	18
Carer Support Alice Springs	19
Mi Track Alice Springs	20
Mi Track Tennant Creek	22
NDIS Services	24
Mi Networks/ Sane Forums	25
Community Engagement	26
Our Supporters	28
National Partners	29
Treasurers Report	30
Financial Summary	31



Management Committee

MIFA(NT)

Brownwyn Russell

President

Brownwyn's previous roles have included Executive Director, Engineers Australia NT and Mental Health Coordinator, GP Network NT, Brownwyn currently sits on the National Boards of Mental Health Carers Australia and Mental Illness Fellowship of Australia and is a trustee for Psychosis Australia.

Joy Green

Vice President

Joy is a founding member of MIFA(NT). While her initial impetus was to advocate on behalf of her son, Joy's reach has extended to all people with a mental illness and their carers. In 2008 Joy was nominated for the Australian of the Year Award and was consequently awarded the NT Senior of the Year for her work in Mental Health.

Lyn Barlow

Treasurer

Lyn Barlow worked many years as a senior bookkeeper and was Treasurer to a number of community agencies, before retiring. Lyn has since come out of retirement to join the MIFA(NT) Management Committee in the role of Treasurer.

Teresa Hall

Ordinary Member

Teresa Hall is a partner in Ward Keller's commercial division. Teresa has double degrees in law and arts. After running her own practice in South Australia, Teresa who was born in Darwin, returned to the Territory to take up the position at Ward Keller. Teresa has a strong interest in mental health and joined the MIFA(NT) management committee in May 2018.

Karen McArthur

Ordinary Member

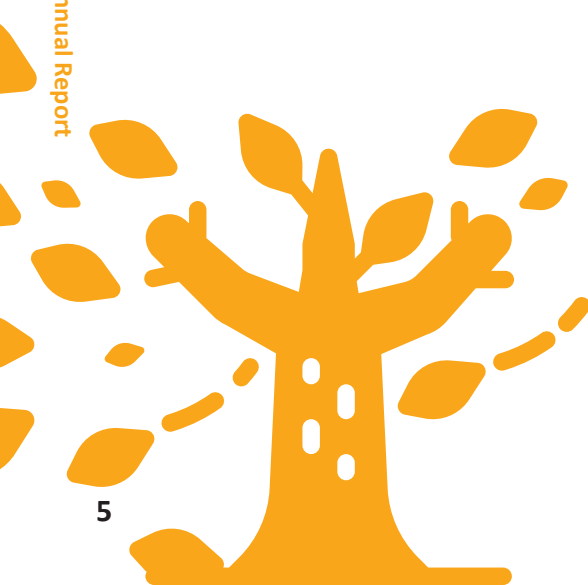
Karen McArthur now retired has previously worked with indigenous youth and victims of domestic crime. Karen's qualifications include a Bachelor of Behavioural Science Degree, Certificate 1V in Community Services, Youth Work and Alcohol and Other Drugs. Karen has a lived experience as a carer of a family member diagnosed with paranoid schizophrenia. Karen has also filled the role as a carer representative on the NT PIR Reference Group (Partners in Recovery Programme) within the NT PHN.

Maureen Booth

Ordinary Member

Maureen Booth has been a member of MIFA(NT) for approximately 5 years and more recently a committee member. Maureen cares for her partner of 20 yrs who suffers from post traumatic stress disorder. Maureen is 70 yrs old and has lived in Darwin since 1978 and is interested in mental health as she has friends and family who have had their struggles for many years.

2019 Annual Report



President's Report

MIFA(NT)



This financial year has been full of activity and change for mental health carer programs in the Northern Territory. The biggest has been the introduction of the National Disability Insurance Scheme (NDIS) into the NT.

We have been fortunate that much of our funding up until now has been extended and this has enabled most of our programs to continue whilst we learn how to apply the NDIS to our capabilities. The National boards that we are associated with have been diligently working to assist programs to still be available to current participants.

Each day, it would seem, we are advised of new changes that we have to work our way around. The staff have been amazing in being able to help manage these changes. It has meant that our staffing levels have had to change from time to time and this has meant a lot of planning and anxiety. I commend our Executive Officer for managing so much of this change effectively.

There has been a lot of consideration nationally advocating for carers to be acknowledged in the NDIS. This is still not fully resolved but the pressure is increasing in this area. In December 2019

Federal funding for carers will cease as our programs are transitioned to the carer gateway. There is some uncertainty how this will affect us but the NT Government continues to support this program.

During the year we were able to open our new room at the mezzanine level, My Space. There were many contributors who enabled this to occur. The NT Government had provided a grant and then we were blessed with pro bono contributions towards engineering and certification. We can't thank these people enough. This room has enabled activities for small groups and individuals as well as meeting space for the board. It has also solved an OHS egress issue that we had for staff working in the office upstairs. Thank you to everyone for working around the inconvenience during the building period.

It has become a custom for MIFA (NT) to host the opening of Mental Health Week with a dinner and keynote speaker which is a highlight of the week. We use this week to raise awareness of Mental Illness and introduce some messages about how to identify and manage the situation and where support can be obtained. Schizophrenia Week is also an opportunity to do this and a display and opening was in Raintree Park in the city. Bunnings again provided a free sausage sizzle for commuters and visitors to the displays.

MIFA (NT) is officially a provider of services for NDIS. It has been a slower process than anticipated but it is now a part of what we can offer to people. I encourage you to ask how we can help you through the process to obtain a package.

I look forward to another year of challenge and change as the funding rules are modified. Thank you to the board for being there for all of the decisions that need to be made and to the staff who assist our participants on a daily basis.

Bronwyn Russell
President

2019 Annual Report



Executive Officer's Report

MIFA(NT)



This year has seen some significant changes to the mental health sector in the NT with the roll out of the National Disability Insurance Scheme (NDIS).

As with any new systems, adapting, reworking existing models and developing new ways of operating are essential to ensure viability in the new environment. For Mental Illness Fellowship (NT) (MIFA (NT)), this year has seen us working towards adapting our infrastructure and organisational culture to embrace a new way of operating in order to best assist people living and moving through the new system.

As part of the reworking, MIFA (NT) introduced our new Our Place program – a rework of our drop in centre model to support people who have an NDIS package to develop new skills in order to assist them in their daily lives. Although in its infancy, we are expecting this program to expand as more people access NDIS packages.

The NDIS offers people with a psychiatric disability new and exciting opportunities which had previously not been available to them before. However the rollout of the NDIS poses a huge systemic change which is not without difficulties and

complications and which consequently relies on the grassroots voice to advocate a way forward to prevent gaps from developing.

MIFA (NT)'s affiliation with national bodies Mental Illness Fellowship of Australia and Mental Health Carers Australia has throughout the year seen both organisation's strongly advocating for the needs of people with a mental illness and their families and friends to ensure services for those with an NDIS package and those without continue. As the system develops and stabilises, both organisations will continue to be at the forefront for advocating for the best possible outcomes for all those affected by mental illness.

This year, MIFA (NT) has continued to support people across the age groups who are not eligible for an NDIS package with programs and services in Darwin, Tennant Creek and Alice Springs. These government funded programs are essential for people where there are limited other services available and provide effective and timely supports for people with a mental illness and their families and friends. Our early intervention program has also assisted many young people in Central Australia to build resilience and recognise triggers that could lead to a mental health issue.

Throughout the year, the support from a range of people and stakeholders has enabled people with a mental illness or at risk of developing a mental illness, their families and friends to move forward in achieving their goals and to live their best possible lives. I would like to thank our Management Committee, staff, volunteers, funders, donors and partners for all your support over the past year.

Lorraine Davies
Executive Officer



2019 Annual Report

Snapshot



425 Art Attendances



2683 MiPlace Attendances

175
young people
helped



Carer training occurred
101 times



1415 Occasions of Carer Support Provided



1194 MiTrack Attendances

13 Community information stalls

10 fulfilled school holiday programs



270 Cool Program Attendances

Our Programs



Programs Manager's Report

MIFA(NT)



MIFA (NT) has programs for Carers in Darwin and Alice Springs , Consumers programs in Darwin including MiPlace and Cool Program and Early Intervention Programs miTrack in Alice Springs and Tennant Creek, and NDIS services.

These programs are funded from various sources- NT Government, Dept. of Social Services, & Darwin City Council.

MIFA(NT) Carers programs support the family and friends who care for a person living with mental illness in Darwin, Palmerston and Alice Springs providing one on one support, support groups, advocacy, respite, peer support, referrals to other services and Carer education around supporting someone living with a mental illness.

MIFA (NT) Consumers Programs for people living with a mental illness are designed to assist with recovery, develop life skills and activities designed to develop peer

support networks. These programs include MiPlace in Darwin which is a drop-in centre with activities to promote health and wellbeing, one on one support, advocacy, referrals and education and the Cool Program in Darwin which provides community access, these social and recreational activities promote the development of peer support networks, encourage community participation, reduce stigma and social isolation.

MIFA(NT)'s Early Intervention Program miTrack in Alice Springs, Tennant Creek and Barkley Region is an early intervention program that provides Case Management and school holiday programs for young people aged 0-18, their families and community who have or are at risk of developing a mental illness.

MIFA (NT) is a registered provider of NDIS Services- assisting people to access NDIS, proving Support Coordination for their NDIS plan, individual support, and group centre activities, development of life skills, short term / overnight accommodation and participation in the community. At MIFA(NT) NDIS is all about Your Choice, Your Health, and Your Wellbeing.

All MIFA (NT) programs and activities are all designed to be client centred and focus on the needs of the individual.

Chrissie Nichols
Programs Manager

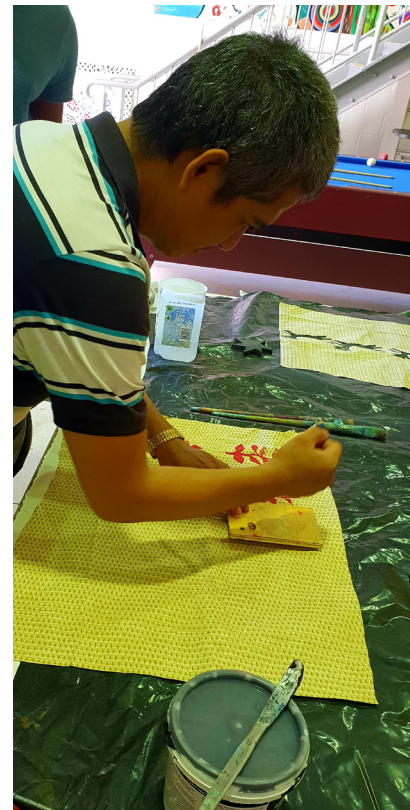
2019 Annual Report

Our Programs

MiPlace

MIFA(NT)

Throughout the year miPlace has introduced a number of new activities to stimulate and encourage participation. Activities such as Tai Chi has provided a gentle form of exercise to assist people in considering their physical health and is well known for decreasing level of stress, as well as improving sleep and mood.



We also commenced Origami which encouraged clients to focus and practice patience and increase their attention levels with some intricate pieces being produced. miPlace music classes introduced a new skill development opportunity with participants learning the keyboard, guitar and ukulele as well as singing and percussion. The happy sounds produced during the classes affected the whole centre allowing all to be involved.

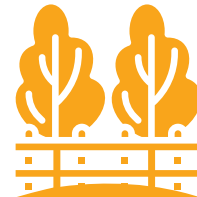
Our weekly art classes have provided participants with an opportunity to express themselves through a number of mediums including painting, pencil and charcoal drawing, silk printing, clay work and wire model making. During the year we had two art competitions and exhibitions which showcased a range of pieces by artists within the community as well as miPlace participants. A number of miPlace participants have developed their artistic skills and have been successful in selling their pieces with one piece being used to illustrate and advertise Mental Health Week.

As part of upskilling participants with information and knowledge, we invited a number of speakers to miPlace throughout the year which included the following: Legal aid informed clients about their rights and acknowledged that participants have a right to speak up in situations where their rights are being eroded.



The National Dental Association instructed participants on how to look after their oral health and provided participants with a small dental kit. Centrelink discussed payments and eligibility requirements and what is needed to access them.

The ever popular miPlace garden has been the centre of attention this year, with planting and maintenance activities bringing people closer to nature. With the help of plant and seed donations from Bunnings, participants have grown produce that has been used in the kitchen as well as flowers and decorative plants. For those that have worked in the garden they have a sense of achievement for creating a relaxing and peaceful place for both themselves and others to socialise.



“I just want to comment on how good a job you guys do, the service is a safe place where I feel welcomed relaxing in a friendly atmosphere. It has been a huge goal this year to be out in the community”



Our Programs

Cool Program

The Cool Program is a program providing community participation and outings to support people with a mental illness with their recovery.

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2019 Annual Report

The program creates a safe environment enabling opportunities of peer support and accessing community events and places which may have not been accessible during a period of someone's recovery. The program offers a weekly half day activity during the week and a full weekend day activity once a fortnight.

Activities over the year have included walks at Mindil Beach, Jingali Water Park and the Botanical Gardens. Trips to Berrys Springs, Howard Springs and Litchfield National Park. Swimming at Nightcliff pool, Leanyer Water Park and Palmeston Pool. Lunch and a movie or bowling. BBQ's, picnics, fishing and beach activities. Visits to Art galleries and museums, shopping and markets. Participation in special events such as the Fringe Festival.



“The staff are always kind, helpful and smiling and I always enjoy coming along”



Carer Support Darwin

MIFA(NT)



A Carers toolbox is full of patience, resilience, heartbreak and joy and the role of MIFA(NT)'s Carer Support program is to ensure the tool box is regularly replenished with conversation, support, empathy and laughter:

It is not our role to dictate the way care provision should look, but to support the family experts in maintaining individual strength and wellness while offering a safe place to debrief, workshop situations, gain knowledge and build relationships with peers.

The art of conversation often uncovers the individual hidden needs of a family carer and we have the capacity to provide support, informal counseling, advocacy and referral to external services to ensure that individual care needs are being met and the toolbox remains simply stocked.

“Thanks so much for your wonderful support it was so helpful and your resource material was a timely reminder”

Report



Individual Support

There are occasions where we all need an ear to listen and a shoulder to cry on. The Carer Support program offers individual support to carers to enable an opportunity for carers to share their unique and personal journey with an understanding and empathetic ear while establishing trust and rapport with the Carer Support Coordinator.

It is often in this space that real needs and gaps are identified and individual goals can be developed as a carer's commitment to themselves. Unable to change the external cards they have been dealt, there is always movement to change the way people view situations, equip themselves with better coping strategies and implement the invaluable practice of self-care. One-on-one support can occur in the office setting, or out in the community, at a café, a restaurant, in a park or while strolling along the foreshore, adding to these moments the invaluable positive effects of 'Eco-Therapy'

Group Support

The MIFA(NT) Carer Support program offers group and Peer Support Opportunities in both the Palmerston and Darwin area on a weekly basis. These informal events offer the opportunity for carers to meet their fellow peers and share stories of wisdom, build friendships and share some nibbles in a safe and non-judgmental space.

Whilst delivered in a casual setting, these weekly groups provide social connection,

encourage creativity, foster information sharing whilst providing respite in its simplest form.

Carer Connect

Carer Connect offers activities outside of normal working hours on a monthly basis, which enables carers that are working to be able to access invaluable social connection and peer support. It also allows the opportunity for carers to attend places or events that may not be attainable in their 'ordinary week'.

Some of these outings have included a sunset cruise on the Darwin Harbour, dinner at Nirvana Restaurant, Eat-a-Pizza or watching the sun go down at one of the Boat Clubs, as well as an outdoor movie and meal at the Deck Chair Cinema. It is at these events that it becomes highly evident that attendees truly allow themselves to soak up the atmosphere and relax, while share a meal and a laugh with newly found friends.



Karama Cottage

Karama Cottage is situated in a quiet location close to local shops, parks, hospital and popular holiday attractions. The cottage has 3 bedrooms which makes it an ideal place to stay for a single carer or carers with a family who are needing some well earned respite.

MIFA(NT)



Over the past year the cottage has been utilised by local and interstate carers who have been able to stay and receive carer support while staying in Darwin supporting family who are inpatients at the Darwin Mental Health unit.

Families living in rural Darwin region have also spent time at the cottage where these stays or retreats have been appreciated by families needing a break from their caring role in a relaxing environment not too far away from home.

The cottage has also been used by consumers who are able to live independently but need access to hospital or doctor appointments.



2019 Annual Report

Carer Support Alice Springs

MIFA(NT)



“I wish to express my gratitude towards MIFA(NT) for support given and respite from caring”



The carer support program in Alice Springs provides respite events and individual/group support to people caring for someone with a mental illness. The program offers activities for carers to step out of their caring role and provide much needed care for themselves.

The program offers individual support and can assist with advocacy, referrals to other services, information, goal setting and planning. Sometimes just having a good chat and a cuppa in the comfy chairs in the carers room is all that's needed to brighten the day.

The end of 2018 was topped off by a sumptuous 3 course Christmas feast at the Club Eastside. A large crowd of carers and their family members attended and we even had two birthdays to celebrate!

An event calendar and email is sent out to carers monthly. This includes many options for carers to take time out and attend activities. Dinner and a movie always proves popular with the escapism of Superhero movies being firm carer favourites.

Regular yoga and relaxation classes were instructed by Marilyn, a local personal trainer with lived experience of Mental Illness. The gentle exercises and mindfulness sessions were a great way to wind down from life's stressors. Our busy calendars have also included arts and crafts, morning tea's visiting the local cafes and barefoot bowls and golf at the Alice Springs golf club.

Throughout the year Carers have attended Remind Carer Assist training. This is a 13 module education program covering many aspects of caring for someone with a Mental Illness. Many different topics are covered and include severe mental illnesses, biological effects on the brain and communication strategies. The informal setting at the MIFA(NT) office allows carers to relax, delve deeper into topic's and engage in group discussions on how to apply new learnings with the person they care for.

2019 Annual Report

Mi Track Alice Springs



MiTrack supports children and young people up to the age of 18 years who are at-risk of developing a Mental Illness. The program offers non-clinical support to service with issues when supporting clients from complex backgrounds. Young people and children set goals to build resilience, learn coping strategies and develop protective factors.

The program uses a strengths-based and holistic model, collaborating with other service providers, government departments and schools to ensure the best, consistent and sustainable support is provided. Aiming to reach outcomes and strive towards better wellbeing, through working alongside children and their family.

MiTrack program offers a wide range of holiday and after school programs to engage young people and children in group settings. Giving young people in



Alice Springs the skills such as; building appropriate relationships, learning de-escalation techniques and developing the ability to set and reach outcomes. Staff ensure that a supported, safe and inclusive environment is created to cater to all individual needs.

Activities last year included a Circus holiday program, Easter craft activities and a football workshop with AFL player Heath Black.

During case management, MiTrack staff recognise the need for successful collaboration between families, services and schools. Supporting clients to engage with clinicians to undertake mental health and behavioural assessments, re-integrating back into the education system and accessing long-term supports such as the NDIS. Referrals also have been made to specialised services to access information on appropriate sexual behaviour, the psychological effects of drugs/alcohol on the brain and developing techniques to respond restoratively to family conflict.

Throughout the year our case management services have assisted young people to achieve their goals and to increase their mental wellbeing. This has had beneficial outcomes such as reducing suicidal ideations, building friendships and confidence, reducing self-harming, improving physical health, undertaking a hobby, controlling anger and increasing school attendance.

“My time with my case coordinator has helped more than any other place especially having her willing to come to my house when I was too low to go out to see her. She gave me ways to achieve my goals and be more motivated and work up energy to achieve even small things”

Mi Track Tennant Creek



Looking back over the year, miTrack program in Tennant Creek has had some remarkable successes in the area of early intervention for vulnerable children and community engagement.

miTrack covers the areas of Tennant creek, Elliot and Ali Curung in the Barkly region of Central Australia, engaging with vulnerable children, youth and their families providing comprehensive case management, advocacy and tailored individual support through the support of Case Coordinators and a Support Officer. The program uses a strength based model approach with an anti-oppressive and systems based perspective to gain a holistic and culturally appropriate approach in providing services delivery for children and families.

Mid last year school holidays miTrack invited “Live Vibe” to facilitate the holiday program. The program taught the children how to create a song about positivity, love, respect, education and good values. Additional to the song was the creation of an amazing video clip whereby children dressed up in various costumes, and filmed them dancing hip-hop.

This activity has left a remarkable feeling of achievement by the children who can still feel the excitement whenever they see their photographs posted on the wall in the office or watch the video, likewise parents are also happy seeing their children’s picture when they drop-by in the office.





During Mental Health Week in 2018, as part of activities MIFA(NT) organized a workshop featuring AFL footballer Heath Black. The children and youth in the community had the opportunity of participating in three days footy clinic which also incorporated participating in mental health talk sessions conducted by Heath, sharing his life story and how he was able to overcome depression and anxiety. We recorded a great outcome from these activities with more than twenty participants on a daily basis reflecting how mental health issues can be overcome.

The in-house school holiday activity in April 2019, was a great success as we had an average of 18 to 22 children per day. The children demonstrated their artistic side and expressed themselves through activities such as marble painting, paper wall art and designing an Easter cupcake. Another activity during this period was the blockbuster Circus workshop titled “Kidz

Fun Workshop” conducted by Fabulous Miss Deb and amazing Daniel”.

The children learned how to work individually and in a team creating trick sticks, and new circus tricks such as unicycling and magic tricks which culminated in a performance to friends and families. It was a sought after program as the families, children, and even the Mayor and Town Counselor who participated were looking forward to the next workshop.

The outcome of the activities was for the children to build self-confidence through participation, teamwork and positive engagement by working together building resilience and perseverance from accomplishing difficult tasks during the exercise. Moreover, the greatest outcome of the activities was uniting families in supporting their children in learning new skills.

NDIS Support

Over the past year, MIFA(NT) commenced providing NDIS services under the following categories:

- Support Coordination**
- Group Centre Activities**
- Participate in Community**
- Development of Life Skills**
- Assist Life Stage/Transition**

Many of the services that we have previously provided fit into the NDIS categories including Mi Place, Cool Program, Individual Support, overnight accommodation and our group activities such as art and we have seen a number of new participants to these activities who have previously not been involved with MIFA(NT).

For our NDIS business, we have also undertaken Support Coordination and commenced Our Place which provides group activities with a focus on developing life skills and although based on our Mi Place model it does not offer drop in opportunities.

In the coming year we will be working towards accreditation under the NDIS Quality and Safeguarding Commission and also to increase the number of participants



“My worker is very good for my needs and helps me with shopping and growing plants.”

Mi Networks



Mi Networks

Mi Networks is an initiative by the Mental Illness Fellowship of Australia. Mi Networks promises that we can help connect people with a mental illness, their carers and families to the information and services they need.

Mi Networks will provide relevant and up-to-date information and will link people to the best programs and services to suit their requirements. Mi Networks promises that people can expect this personalised service at every location.

Sane Australia

In partnership with **SANE**, Mental Illness Fellowship provides an online forum for people living with a mental illness and another forum for families and friends of people living with a mental illness.

The forums provide a free, peer-to-peer service where carers and people living with mental illness can link up and share stories, tips and offer support. The forums are anonymous and moderated to ensure they remain safe and welcoming for all members of the community. Both forums can be found on our website.





Community Engagement

Throughout the year MIFA(NT) engages with the community to raise awareness about mental health in an effort to reduce stigma, provide information about mental health and how to get help and also training regarding supporting someone with a mental illness.





Last year we held a number of information stalls in Darwin, Tennant Creek and Alice Springs at local shopping centres, the Alice Springs and Tennant Creek shows and at various expos. We also had our own open days to showcase our drop in centres and some of the artwork the people that attend them create. One of the artworks created by Leigh Fowlestone become the promotional piece for Mental Health Week and could be seen on the back of buses, on banners and postcards etc throughout the NT.

We thank Aquathon who during the year chose MIFA(NT) as the beneficiaries of the fund raising effort for the 6th Annual Aquathon Day. The major Aquathon event helped raise awareness about mental health as well as promoting the benefits of exercise and in particular water aerobics for good mental health.

Our corporate Dinner held in Mental Health Week was a great success with our theme this year being mental health and sport. Our key note speaker AFL footballer Heath Block shared his candid story of living with a mental illness at the top of a successful football career, the challenges this presented and the ultimate road to his recovery. Following the Dinner, Heath went on to present workshops to children and youth in Tennant Creek and Alice Springs sharing his story and promoting strategies for monitoring good mental health.

Each year the Corporate Dinner has a different theme with the 2019 theme focusing on mental health and the police force.



“We are very grateful for your presentation last week. We felt that everyone in the room walked away with some new understanding”

We would like to thank Our Supporters

We would like to thank all our supporters without whom all MIFA(NT) programs, services and activities would not occur. Support comes in many forms including financial, volunteering, national systemic advocacy and provision of services to name a few. We are deeply grateful to all those who have supported MIFA(NT) throughout the year.



Australian Government
Department of Social Services



NORTHERN TERRITORY
MENTAL HEALTH
COALITION



Russell Consulting | Vanity Hair Parap | Yellow Water Cruises | Kakadu Air
Skycity Darwin | Mary River Wilderness Retreat | Eat-a- pizza

National Partners



MIFA(NT) is the NT member of the Mental Illness Fellowship Australia (MIFA) a national alliance of not for profit mental health service providers. MIFA provides an Australian voice to international mental health net-works as well as national voice representing a federation of organisations around the country. Over the past year, MIFA has been focusing on advocating for people who may not get an NDIS package however their current services may not exist in the future.



Mental Health Carers Australia (MHCA) was initially founded through the grassroots efforts of mental health carers. MHCA currently works at a national level to advocate on behalf of mental health carers. This year MHCA has been focusing on ensuring mental health carers will still get support in an NDIS world. MHCA is also part of an alliance that has formed the Caring Fairly Campaign to strengthen the rights of carers in Australia.

Board Representation

Our staff and board members sit on various boards and committees that ensures the voice of those with mental illness and the families and carers represented. The boards and groups listed below are those where decisions are made that can influence state and national policy.

- NT Mental Health Coalition**
- Psychosis Trust Australia**
- Mental Health Carers Australia**
- Mental Illness Fellowship of Australia**
- Community Mental Health Australia**

Treasurers Report

The MIFA(NT) audit this year was conducted by BDH Consulting Pty Ltd. In the opinion of the auditor the financial reports presented fairly and the financial position of the organisation as at 30th June 2019 ended in accordance with accounting policies and the requirements of the Associations act.

During the 2018/2019 financial year, the decrease in income was attributed to the decrease in Mental Health Carer Respite funding from the Commonwealth due to the commencement of the NDIS.

Throughout the financial year the expenses have at most been in accordance with the budget, with a small operating surplus of \$41090.

At the end of this current financial year, MIFA(NT) will have a contract finishing which will significantly reduce our income, however we will have the opportunity to increase income through the NDIS.



To make a donation to MIFA(NT), click the link :
<http://www.givenow.com.au/MIFANT>

Financial Summary

Income Summary	2019	2018
Funding	1,731,034	1,913,363
Other Income	36703	46890
Total Income	1,767,737	1,960,253
Expenditure Summary	2019	2018
Operating Expenditure	1,726,645	1,981,849
Operating Surplus	41,809	(21,595)
Total Comprehensive Income	41,809	(21,595)
Financial Position	2019	2018
Assets		
Cash Assets	746,294	761,324
Other Assets	25,583	14,898
Total Current Assets	771,877	776,222
Property Plant & Equipment	78,560	75,661
Other	20,127	20,127
Total Non Current Assets	98,687	95,788
Total Assets	870,565	872,011
Liabilities		
Payables	20,974	58,469
Provisions	76,825	88,575
Grants	134,393	129,505
Other	20,075	18,136
Total Liabilities	252,267	294,865
Net Assets	618,297	577,326
Member Funds	618,297	577,326



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FELLOWSHIP
of Australia (NT) Inc